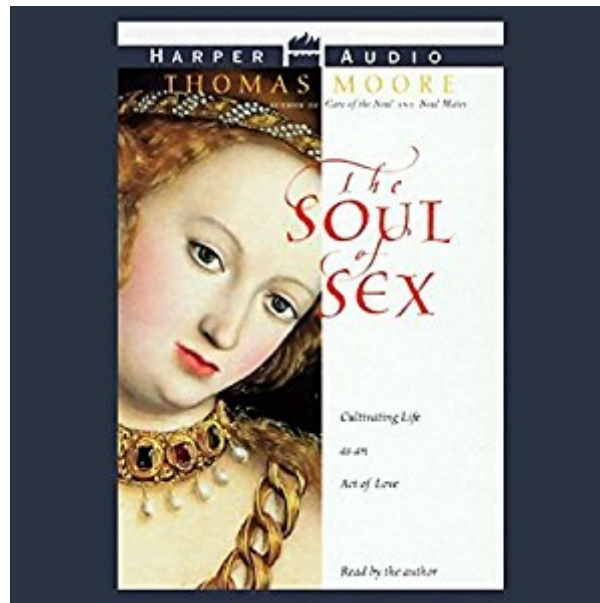




Ebook Directory
the best source of ebook

The book was found

The Soul Of Sex: Cultivating Life As An Act Of Love



Synopsis

In our age of science and psychology it's tempting to think of human sexuality in terms of biology and interpersonal relationships. But this new book by Thomas Moore regards sex as an experience of the soul and emphasizes the themes of fantasy, desire, meaning, and morality. In *The Soul of Sex*, Moore turns especially to religion, mythology, literature, rites, stories, and visual imagery that see in sex some of the most profound mysteries of life. He finds spirituality inherent in sex and at the same time explores the many ways in which spiritual values can sometimes wound our sexuality. He recommends chastity and celibacy for everyone--as aspects of sexuality and not only as literal lifestyles--and presents them as a means of developing a sensuous spirituality. *The Soul of Sex* also establishes the principle that one can't have a fully satisfying sex life in a world that is asexual and antierotic. Thomas Moore recommends many ways in which society could tone down its moralism and create a public life that is erotic, one that affirms desire and pleasure. He sees widespread attention to sex in the media as a symptom of our failure to find a positive place for sex in the culture, and he spells out an Epicurean way of life in which the simple, deep pleasures of good food, friends, family, home, and intimacy with nature provide an appropriate erotic base for a fulfilling sex life. This is a book for any individual of any gender or lifestyle who is trying to integrate sex into the rest of life. It is also a tool for couples, helping them to explore their sexuality with honesty, appropriate emotional complexity, civility, and comfort. Moore argues that sex should be at the center of life and at the top of our priorities and if we don't give sex its due, it will haunt and consume us. But when sex has a soul, deep pleasure and meaning find a common home, and in that sense this book is a sex manual for the soul. --This text refers to an out of print or unavailable edition of this title.

Book Information

Audible Audio Edition

Listening Length: 2 hours 58 minutes

Program Type: Audiobook

Version: Abridged

Publisher: HarperAudio

Audible.com Release Date: December 16, 1999

Language: English

ASIN: B0000546OZ

Best Sellers Rank: #99 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality

#1022 in ÃÂ Books > Health, Fitness & Dieting > Sexual Health > General #1135 in ÃÂ Books > Medical Books > Psychology > Sexuality

Customer Reviews

interesting and informative perspective.

This author helped me understand that our sexuality is part of our normal psychology. This runs counter to the taboos with which my generation was raised. He goes back to the Greek pa theology as well as modern Theologies to show beauty in creation.

This book was a truly enjoyable read. Very well written. Non judgmental and very insightful and educational.highly recommended!

Thomas Moore weaves a beautiful picture of human sexuality that goes beyond and through the crude and shallow side show billing that sexuality seems to carry today. I enjoyed reading this book from cover to cover.

This book is awesome! I'm on my third reading.

the best yet ... infomative , poetic , lovely , insightful , accepting , nourishing , wise , real , human ... something to eat in small , tasty and tasteful nibbles ...

This is a great book that should be read by everyman. it creates a very healthy perspective about our sexuality.

Interesting read.

[Download to continue reading...](#)

Sex: Sex Guide: The Perfect Sex Guide For Unbelievable Sex (Sex, Sex Guide, Sex Positions, Sex Addiction, Seduction, Sex Stories, Sex Books, Foreplay, Alpha Male, Relationships, Marriage) Sex Starved Marriage: Sex in Marriage: 31 Best Demonstrated Sex Positions Every Married Couple Should Try To Spice Up Their Sex Life (Scream, harder and longer, Sex positions, Sex Tips, Sex Guide) The Soul of Sex: Cultivating Life as an Act of Love 200 Dirty Talk Examples: How to Dirty Talk your way to the Most Graphic, Mind-Blowing Sex of your Life (Sex Advice and Sex Tips to

Improve Sex Life and have Better Sex) XXX MATURE SEX Pictures 3: sex, porn, milf, mature sex, love girls, sex pictures, anime sex pictures Kama Sutra: Best Sex Positions from Kama Sutra and Tantra to Skyrocket Your Sex Life (Kama Sutra, Sex Positions, How to have Sex, Tantric Sex) (Volume 1) Sex: Sex Starved Marriage: 33 Demonstrated Sex Positions + 14 Best Tips On How To Last Longer, Make Her Scream And Be The Best Lover In Her Life (+FREE BONUS)(Sex and Marriage, Sex Positions Book) Sex and Marriage: More Sex, Passion and Desire for Married Couples: Discover the 10 Ways to Turn Your Sex Life From Routine to Lustful Desire (Sex Tips, ... Marriage, Marriage Advice, Marriage Help) ACT Prep Book: ACT Secrets Study Guide: Complete Review, Practice Test, Video Tutorials for the ACT Test ACT Exam Flashcard Study System: ACT Test Practice Questions & Review for the ACT Test (Cards) Tantric Massage: #1 Guide to the Best Tantric Massage and Tantric Sex (Tantric Massage For Beginners, Sex Positions, Sex Guide For Couples, Sex Games) (Volume 1) Tantric Sex: The Truth About Tantric Sex: The Ultimate Beginner's Guide to Sacred Sexuality Through Neotantra (Tantric Sex Books, Tantric Sex For Men And Women) Care of the Soul, Twenty-fifth Anniversary Ed: A Guide for Cultivating Depth and Sacredness in Everyday Life Chakra for Sex: Harnessing the Sexual Energy: Lessons, Poses and Exercises to Open up Your Sacred Chakra and Improve Your Sex Life: Sex Improvement, Book 2 Sex: 14 Best Tips On How To Last Longer, Make Her Scream And Be The Best Lover In Her Life (+FREE Gift Inside) (How To Last Longer In Bed, Attract Women, ... Starved Marriage, Sex Guide) (What Is Sex) Sex and Marriage: How to Guide for Sex and Passion and Desire for Married Couples: Discover the 10 Ways to Turn Your Sex Life From Routine to Lustful Desire How to Talk Dirty : Dirty Talk Examples, Secrets for Women and Men, Straight, Gay and Bi, Spice Up Your Sex Life and Have Mindblowing Sex: Great Sex Book, Series 1 Sex and Love Addicts Anonymous: The Basic Text for The Augustine Fellowship, Sex and Love Addicts Anonymous Kaplan ACT Strategies for Super Busy Students: 15 Simple Steps to Tackle the ACT While Keeping Your Life Together (Kaplan Test Prep) The Passover Soul Kit: 101 Soul Tips, Easy Passover Recipes, Pesach Insights, Meditations, Art & Quotes for the Passover Seder and the Passover Haggadah (Holy Sparks Soul Kits)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)